

Key Dates & Principles of the Training Schedule for the Rio 2016 Paralympic Boccia Competition

Key Dates

1	31th August 2016	Venue Opens
2	31th August 2016	Paralympic Village Opens
3	31th August 2016 (14:00 - 18:00h)	Experimental session on the Competition Courts and Warm up Courts
4	1st - 12th September 2016	Training on the Competition Courts and Warm up Courts
5	7th September 2016	Paralympic Opening Ceremony. No training sessions.
6	10th September 2016	Competition begins

Principles of Training

1	31th August 2016 (14:00 - 18:00h)	As this is the 1st day of arrivals, this training day is merely an opportunity for NPCs to experiment the courts between 14:00-18:00.
2	1st - 12th September 2016	Every Nation/athlete has the opportunity to have the same number of training sessions and hours in total.
3	Single Qualifiers	Provision has been made for Single Qualifiers to have further training on the 10th, 11th, 12th September 2016
4	13th - 16th September	Open session, with a maximum of 2 or 3 competitors using the same warm up court, at the end of the day after the last warm up session.